Oliwia Renik

ERUA Student Ambassador

Field of Studies : Psychology

Hobbies and interests: For me, psychology is far more than just a field of study—it is a discipline I truly love and one that fascinates me every day. I find it unique because, in a sense, it touches upon every aspect of our lives: our emotions, relationships, experiences, and the way we function. That is precisely why I consider psychology one of the most beautiful subjects one can study.
I strive to turn my passion into action. I work as a journalist for Radio Luz, where I am part of the popular science team, focusing primarily on psychological topics. I also write articles on the mental health of children, adolescents, and adults. Additionally, I conduct psychology-related workshops, which allow me to put the knowledge I've gained during my studies into practice.

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Social engagement is also very important to me; I volunteer in roles that allow me to help others and work directly with people. Beyond psychology, I am deeply passionate about dance—especially ballet—which gives me a space for self-expression and teaches me discipline, patience, and perseverance. I enjoy combining psychology, science, media, and social engagement. My goal is to show that psychology extends far beyond the lecture hall—it has the power to genuinely transform the way we view ourselves and others.

Motivation to become an ambassador for ERUA:
I want to become an ERUA Ambassador because I believe that university studies are not just about acquiring knowledge, but above all about meeting people, exchanging perspectives, and collaboratively creating new initiatives.

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