

Liv Ylva Vanhöfen

ERUA Student Ambassador

Field of Studies : Psychology

Hobbies and interests: I am captivated by family and developmental psychology, but studies aside I love doting on my two dogs - Gryf (Polish tatra dog) and Malinka (Newfoundland) and try to find time for gaming, reading, art and music in between of everything. Lately I've been really enjoying Stardew Valley and have been playing Slipknot album from 1999 on repeat in my car. When it comes to books - my TBR is a nice spread consisted of queer fiction, reportages and all time classics - anything that keeps my mind off of the world's leaders next steps.

Motivation to become an ambassador for ERUA:

The ability to form relationships of any kind is like a muscle, you need to train it and apply it in real life or else you'll forget how.

I believe that this skill is one of the most important to be able to persevere to more calm times. That is why I wanted to become an ERUA Ambassador, to get to know new people, form bonds that will stand the test of time and strengthen the collaboration.