

Frederik Schwandt

ERUA Student Ambassador

Field of Studies: Cultural Studies

Hobbies and interests: As a student of cultural studies, exploring cultures from all over the world is, of course, a central point of my hobbies. But besides my studies, I like to do this in less scientific ways. All my life, music has been an important source of deep relaxation and has helped me through challenging times. Within the last few years, my music consumption has undergone an expansion of its purpose, I began to listen to a lot of foreign music, translate the lyrics, and deep dive into those societies, their values and their struggles, often recognizing sociological structures I've learned about at university.



Co-funded by
the European Union

I also love to connect foreign music with the multicultural cooking evenings I often host with my friends. Cooking together, getting to know family recipes from all over the world, and learning through their stories what it is like to live and grow up in completely different countries is always an exciting and enriching experience. The contacts and connections I have made along the way allow me to often meet locals when I travel, which is also a passion of mine. I love to discover local districts and go to concerts, even if I don't know the language - you can understand a lot anyway through every other kind of expression, like traditional instruments, dance and clothing.



Motivation to become an Ambassador for ERUA:

The academic landscape is changing constantly, and I strongly believe that we as students should actively shape this process instead of just watching from the sidelines. For me, becoming an ERUA Ambassador is about turning my own daily experiences into real action. As a wheelchair user, I face physical barriers every day, which has given me a very practical understanding of what true accessibility actually means. At the same time, through my close friends who came to Europe as immigrants over the last ten years, I've seen firsthand how language barriers and administrative hurdles can make university life incredibly difficult for brilliant people.

