#### Teresa Jasita

#### Study:

I'm currently studying Psychology at my university SWPS in Katowice. I'm especially interested in topics related to education, youth well-being, and how we can create more supportive, inclusive environments for young people to grow and learn.

## Interests and hobbies:

I'm passionate about traveling, learning foreign languages, and being part of international projects. I've taken part in several youth exchanges, where I've learned how energizing it is to work with people from different backgrounds. Additionally, I love reading, writing, and storytelling - I'm part of my university's student newsletter, where I write movie and book reviews and interview professors. I'm also active in a student organization focused on the well-being of children and young people, particularly in the educational context.

# Why I decided to become an ERUA Ambassador:

I was drawn to ERUA because of its mission to rethink higher education in a more inclusive, collaborative, and forward-thinking way. As someone who believes in the power of student voices, I want to help connect others across the network, share experiences, and make sure diverse perspectives are represented and heard.

## What inspires or motivates me in this role:

I'm most inspired by the people I meet and the experiences we create together. Working in teams, especially in international and creative environments, always motivates me to learn and grow. I see this ambassadorship as a chance to support something meaningful, amplify student perspectives, and build bridges between universities and communities across Europe.



